



GERBER RAMblings

-all the news you can ewes

Gerber Union Elementary School - 23014 Chard Avenue - Gerber, CA 96035 - (530) 385-1041
Rod Stone, Superintendent/Principal

RAMblings – 28 de Noviembre, 2011

CANNED FOOD DRIVE:

This year the Gerber School Student Council is working with the “Food For The Hungry” organization, conducting a Canned Food Drive. Each classroom will be collecting non perishable foods which will then go to needy families in the Gerber area. This is a voluntary activity and we do not want parents or students to feel like they are required to participate. We will continue to collect and save your donations just prior to our Winter Break on December 14th. Thank you to all who are able to help.

HEALTHY SNACKS, FOOD & TREATS:

In 2006, Gerber Union Elementary School District adopted a Wellness Policy on Physical Activity and Nutrition. The kitchen staff has worked hard to add additional items to the menu, a salad bar for the 6th-8th grade students, and recently began Fresh Fridays which introduces students to fruits and vegetables that they may not have tried.

I would like to provide you portions of what the Wellness Policy states in an effort to promote healthy foods being brought to school by parents and staff. Please help us assure all children at Gerber School have access to healthful foods and opportunities to be physically active in order to grow, learn and thrive;

Snacks: Snacks served during the school day or in after-school care or enrichment, programs will make a positive contribution to children’s diets and health, with an emphasis on serving fruits and vegetables as the primary snacks and juice or 1% low fat milk as the primary beverage. Schools will assess if and when to offer snacks based on timing of school meals, children’s nutritional needs, children’s ages, and other considerations.

If eligible, schools that provide snacks through after-school programs will pursue receiving

reimbursements through the National School Lunch Program.

Rewards: Schools will not use foods or beverages; especially those that do not meet the nutrition standards for foods and beverages sold individually (above), as rewards for academic performance or good behavior, and will not withhold food or beverages (including food served through school meals) as a punishment.

Celebrations: Schools should limit celebrations that involve food during the school day to no more than one party per class per month. Each party should include no more than one food or beverage that does not meet nutrition standards for foods and beverages sold individually (above). The district will disseminate a list of healthy party ideas to parents and teachers.

WINTER CONCERT:

Once again, Gerber School is proud to announce our Winter Concert. The Concert is a time for all classrooms to come together and share songs they have learned during the past couple of months. The Concert will be held for students (rehearsal) on Tuesday, December 13th at 9:30AM and then for parents on December 15th at 9:30AM. Please mark your calendars so that you are able to show your support for all our students.

UPCOMING EVENTS

December 5 - School Board Mtg. – 6PM
December 7 – Minimum Day – 12:45
December 15 – Elk’s Student of the Month
–12:45
December 16 – Minimum Day – 12:45
December 19-January 3 – No School

Have a Great Vacation!